

PFLAG Detroit

Support

Education

Advocacy

March 2023



Our speaker is Kate Pierce, LMSW (she/her). She is a Program Director at the Alzheimer's Association-Michigan Chapter. There, she develops programming targeted at the LGBTQ+ community, people living with HIV, and those with intellectual and developmental disabilities. She also serves on the editorial board for AZ Magazine, the national magazine of the Alzheimer's Association's. Past work experience includes working in a multi-disciplinary memory clinic and subacute rehab facility.

Healthy Living for your Brain and Body While LGBTQ+ Everyone with a brain is at risk for dementia, but did you know that members of the LGBTQ+ community are 29% more likely to report problems with their memory than their cisgender, heterosexual counterparts? Join us to learn more facts about dementia in the LGBTQ+ community and how EVERYONE, LGBTQ+ or not, can take care of their brains and bodies in order to age as well as possible.



PFLAG is the extended family of the LGBTQ+ community. We are made up of LGBTQ+ individuals, family members and allies. Because together, we are stronger.

Where We Meet ...

Lutheran Church of the Master 3333 Coolidge Hwy, Troy, MI 48084

(Behind Somerset Mall)

Second Sunday of each month (excluding Mother's Day, Easter, PRIDEand Christmas)

Mailing Address:

PFLAG Detroit PO Box 1169 Royal Oak MI 48068-1169

board@pflagdetroit.org

OUR MEETINGS...

As always, we welcome everyone, whether member or non-member and all LGBTQ+ folks, family, friends, and allies.

Our meeting will begin promptly at 2:00 p.m. with introductions, speaker, and followed by support groups. (Support Groups: New Parents, Parents of Transgender,

Transgender, and General Support)

Due to the importance of the stories being told by persons in the group discussion, interruptions can be very distracting. We ask that you arrive on time to be able to enter these groups. Any persons arriving late, after 2:15 p.m., may be asked to form their own group with a PFLAG greeter or Board Member. We appreciate your understanding in this matter.

Our speaker will present at 2:00 p.m. after brief announcements.



As we celebrate our 35th year, est. April 1987, we invite you join us once again with a renewal of your membership. Those of you who are current members, we thank you for your contribution and support.

Your contribution, at whatever level, will help us continue to offer support, education, and advocacy to LGBT persons, their families, and friends. What does joining the chapter or renewing your membership do for you? It makes you a vital part of PFLAG's continuing effort to provide support to, education about, and advocacy on behalf of LGBT individuals, their families, and friends.

What does your dues payment do for the chapter? It helps us maintain a stable financial base so that the board of directors can focus on responding to community needs, it pays the bills for the helpline, publications, program costs, and much more. The larger our membership, the more credibility PFLAG has in the community and the more able the chapter is to take on additional projects.

Does all your membership payment stay with this chapter? Most of it does however, \$15 is sent annually to PFLAG National to support their organizing and educational efforts on a nationwide scale. (If you asked us NOT to send annual dues to PFLAG National previously, WE WILL NOT) As a national member, you receive their quarterly publication, The PFLAGpole. You can also sign up to receive e-News and get more frequent updates about matters of importance to PFLAG and the LGBT community.

Is your membership donation tax-deductible? Yes! Once you donate, we will provide you documentation necessary for your IRS returns. Make checks payable to **PFLAG Detroit** and mail your membership to PFLAG Detroit, PO Box 1169, Royal Oak, MI 48068-1169

Support can take many forms. In addition to financial support, we have volunteer opportunities that you could consider. For more information on our volunteer needs, please contact me by e-mail at

larry@pflagdetroit.org

We look forward to hearing from you.

Best regards,

Larry Jack, President

\$35.00 Individual
\$45.00 Household
\$55.00 Supporting
\$105.00 Contributing
\$1000.00 Lifetime
Donation of Support