

**PFLAG Detroit**  
Support □ Education □ Advocacy

April  
2018

*Sunday, April 8th*

*We welcome our April speaker...*

*Ms. Cara Mitrano*



Cara is a current third-year student at Wayne State University where she studies biology as a pre-medicine student. Through high school, she founded and led a Gay-Straight Alliance and attended many events with GLAD (Gays, Lesbians, and Allies at Dow) and Perceptions, a Saginaw-based advocacy organization. Because of this work, she was awarded a PFLAG scholarship to help her attend college. At Wayne State, Cara is part of the undergraduate LGBTQ student organization, JIGSAW (Joining Intersectionality, Gender, Sexuality, and Allies at Wayne). This is her second year as Co-President and she aims to expand the group's reach to educate the larger campus community about LGBTQ issues and allyship. Cara is also a proud member of the South-eastern Michigan HIV/AIDS Council (SEMHAC) and a student liaison for Planned Parenthood. Supporting the LGBTQ community is important to her because she believes that nobody should have to hide their identity or whom they love. In her future as a physician, Cara hopes to continue LGBTQ advocacy by educating fellow medical professionals, participating in community projects, and giving all of her patients the highest quality of care.



PFLAG is the extended family of the LGBTQ community. We're made up of LGBTQ individuals, family members and allies. Because together, we're stronger.

**Where We Meet ...**

Lutheran Church of the Master  
3333 Coolidge Hwy,  
Troy, MI 48084

(Behind Somerset Mall)

Second Sunday of each month  
(excluding Mother's Day, Easter and Christmas)

**Mailing Address:**

PFLAG Detroit  
PO Box 1169  
Royal Oak MI  
48068-1169

Helpline:  
(248) 656-2875

[pflagdetroit@outlook.com](mailto:pflagdetroit@outlook.com)

## **OUR MEETINGS...**

As always, we welcome everyone, whether member or non-member and all GLBTQ folks, family and friends.

Our meeting will begin promptly at 2:00 p.m. with Support Groups meeting after the introductions. (Support Groups: New Parents, Parents of Transgender, Transgender, Young Adults 15 to 25 years old and General Support)

Due to the importance of the stories being told by persons in the group discussion, interruptions can be very distracting. We ask that you arrive on time to be able to enter into these groups. Any persons arriving late, after 2:15 p.m., may be asked to form their own group with a PFLAG greeter or Board Member. We appreciate your understanding in this matter.

Social half hour with refreshments will begin at 3:30 p.m.

Our speaker will present at 4:00 p.m. after brief announcements.



**Dear PFLAG Members,**

**Its always been our goal at PFLAG Detroit to send out monthly newsletters. We want to keep our members informed of current happenings, upcoming events, chapter news and monthly speakers. With busy schedules and increasing costs, we are hoping to become more GREEN. We would like to begin updating our database and send our newsletter via email through our PENS (PFLAG Electronic Notification System). This would allow us to utilize our valuable resources more efficiently. So, if you would like to help and receive your monthly newsletter via email or view it from our website, please notify us at:**

**[larry@pflagdetroit.org](mailto:larry@pflagdetroit.org) or [pflagdetroit@outlook.com](mailto:pflagdetroit@outlook.com)**

**Thank you for your continued support.**

**Larry Jack - President**

## **April is our Anniversary Month...**

### **Look for membership renewal coming soon.**

Dear friend,

PFLAG Detroit Board of Directors and I continue to be active PFLAG parents, friends and allies of Lesbians, Gays, and Transgender persons. PFLAG Detroit needs your help now more than ever, our members help us to end discrimination in the workplace, sustain family equality and fight for transgender rights. We must work on the House and Senate to carry forward our advocacy role. PFLAG also played an important role in passing the Hate Crimes Bill in the U.S. Congress to influence schools to provide a safe environment for LGBTQ youth and continue to be a voice for our LGBTQ community and their friends and families; we need to show we represent a broad spectrum of the community. Putting it bluntly, we need your membership in PFLAG Detroit. It isn't a matter of the money being donated, though that will help (we are a 501C3 organization), but it is a matter of how many members belong to our chapter. Your membership would be for 1 year and last through April 2019. You can make a difference in what we do.

Thank you in advance for your support.

Larry Jack

*Future PFLAG speakers...*

*May 20th (NOT second Sunday)*

*Mr. Curtis Lipscomb—social and political activist.*

*June 10th—TBD*